

## TFCA LUNCH MENU

Effective August 1, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>• Ham Sandwich Meal</li> <li>• Turkey Sandwich Meal</li> <li>• Chicken Caesar Salad</li> <li>• PB &amp; J Uncrustable Meal</li> </ul> <p style="text-align: center;"><b><u>Domino's Pizza</u></b> 2 slices of Cheese or Pepperoni Plus 1 side &amp; 1 drink *extra slices available for \$1.00</p>	<ul style="list-style-type: none"> <li>• Ham Sandwich Meal</li> <li>• Turkey Sandwich Meal</li> <li>• Chicken Caesar Salad</li> <li>• PB &amp; J Uncrustable Meal</li> </ul> <p style="text-align: center;"><b><u>3 Peas in a Pod</u></b> Rotating meal Plus 1 side &amp; 1 drink</p>	<ul style="list-style-type: none"> <li>• Ham Sandwich Meal</li> <li>• Turkey Sandwich Meal</li> <li>• Chicken Caesar Salad</li> <li>• PB &amp; J Uncrustable Meal</li> </ul> <p style="text-align: center;"><b><u>Chick-fil-A</u></b> Choice of: *8 count chicken nuggets *Chicken Filet Sandwich Plus 2 sides &amp; 1 drink</p>	<ul style="list-style-type: none"> <li>• Ham Sandwich Meal</li> <li>• Turkey Sandwich Meal</li> <li>• Chicken Caesar Salad</li> <li>• PB &amp; J Uncrustable Meal</li> </ul> <p style="text-align: center;"><b><u>3 Peas in a Pod</u></b> Rotating meal Plus 1 side &amp; 1 drink</p>	<ul style="list-style-type: none"> <li>• Ham Sandwich Meal</li> <li>• Turkey Sandwich Meal</li> <li>• Chicken Caesar Salad</li> <li>• PB &amp; J Uncrustable Meal</li> </ul> <p style="text-align: center;"><b><u>Domino's Pizza</u></b> 2 slices of Cheese or Pepperoni Plus 1 side &amp; 1 drink *extra slices available for \$1.00</p>

**(All menus come with 1 drink and cost \$5.00)**

**Sandwich Meals-** choice of ham/cheese or turkey/cheese sandwich served on Hawaiian Sweet bread, or Smucker's Uncrustable Sandwich served with 1 bag of chips plus 1 side item (ie fruit, veggie or yogurt, etc) and 1 drink

**Chicken Caesar Salad-** includes a drink and dressing of choice (ranch or Italian) and 1 drink

**3 Peas in a Pod Meals-** (these will rotate throughout the month and a monthly menu will be published)- *all come with 1 side and 1 drink*

**Menu #1-** Hot Dog/Chili Dog Bar (includes 2 Jumbo All Beef Bun Length Hot Dogs, Buns, Heinz Ketchup Packets, French's Mustard Packets, Hormel Chili Sauce, Fancy Shredded Cheddar & Diced White Onions)

**Menu #2-** Baked Potato Bar (Will include: Sour Cream, Butter, Cheddar Cheese, Crumbled Bacon, Broccoli/ Cheese Sauce)

**Menu #3-** Italian Day (choice of Baked Ziti OR Grilled Chicken Penne with Alfredo served with Garlic Toast)

**Menu #4-** Taco Bar (Will include 2 Hard or 2 Soft Shells or 1 each, Ground Beef, Nacho Cheese Sauce, tortilla chips, Shredded Cheddar, 3 Peas Salsa, Sour Cream, Shredded Lettuce)

**Menu #5-** Pulled Pork Barbecue (will include 3 Peas Pulled Pork BBQ, buns & green beans)

**Menu #6-** Mac & Cheese bar (will include 3 Peas Mac & Cheese, crumbled bacon scallions, grilled chicken/popcorn chicken, etc.)

**Menu #7a-** Chili Soup Meal (will include Fancy Shredded Cheddar, sour cream, oyster crackers & Fritos)

**Menu #7b-** Potato Soup Meal (will include shredded cheddar cheese, crumbled bacon)

**Menu #8-** Chicken Fried Rice (includes our chicken fried rice which is full of Chinese veggies and sautéed organic all white meat chicken. Served with Crunchy Chow Mein noodles, Sweet & Sour and Soy Sauces.)

**Menu #9-** Hamburger Meal (Topping options will include cheese slice, tomato slice, lettuce, mustard, ketchup, mayo) & 1 bag of chips

### **A La Carte items:**

- ½ pint carton of milk (white or chocolate)= \$.75
- Bottled water= \$.75
- Juice= \$.75
- Side options (may include yogurt, carrot sticks or fresh fruit, etc)= \$1.00
- Chick-fil-a= nuggets only or chicken sandwich only \$3.50
- Sandwich only- ham/cheese, turkey/cheese or PBJ only= \$3.00

